

# Human Growth and Development

## Topics Addressed by Grade Level:

### **Kindergarten:**

- Character Education (caring and fairness)
- Germs and Hygiene (hand-washing)
- Decision Making (stop and think)
- Personal Safety (understanding ways to handle emergency situations and avoid becoming victims of child abduction and abuse)

### **1<sup>st</sup> Grade:**

- Character Education (choices and respect)
- Germs and Hygiene (hand-washing)
- Decision Making (stop and think)
- Personal Safety (understanding ways to handle emergency situations and avoid becoming victims of child abduction and abuse)

### **2<sup>nd</sup> Grade:**

- Character Education – self-discipline (anger/conflict management)
- Germs and Hygiene (hand-washing)
- Decision Making (making responsible decisions/saying no to drugs)
- Staying Safe on-line (privacy and cyberbullying)
- Personal Safety (understanding ways to handle emergency situations and avoid becoming victims of child abduction and abuse)

### **3<sup>rd</sup> Grade:**

- Advocate and promote healthy living
- Responsible behavior (strategies for refusal and negotiation to use in potentially dangerous situations)
- Responsible health behavior (strategies for avoiding threatening or abusive situations; compares behaviors that are safe to those that are risky or harmful)

### **4<sup>th</sup> Grade:** (girls and boys taught separately)

- Self-esteem and responsible decision making
- Puberty
- HIV/AIDS (how HIV can and can not be contracted)

### **5<sup>th</sup> Grade:** (girls and boys taught separately)

- Self-esteem and responsible decision making
- Healthy and unhealthy touching
- Puberty
- Male and female reproductive systems
- HIV/AIDS (how HIV can and can not be contracted)